

BOWLING IS A HEALTHY WAY TO LIVE



Join Our Youth League Today!!!

Every Saturday for only \$8 per week.

Learn a sport that will last a LIFETIME!

Team sport to meet new friends and learn sportsmanship!

All new awards program

Oil Bowl of Longview

1102 W Cotton St
Longview, TX 75604

903-758-9961

www.bowllongview.com

DID YOU KNOW?

1 BURNS CALORIES
100+ per hour

2 BUILDS MUSCLE
134 muscles exhausted in a 4 step approach

3 WEIGHT BEARING SPORT
Builds strong bones

4 SUSTAINS HAND AND EYE COORDINATION

5 3 GAMES =
1 mile of walking

BOWLING OFFERS KIDS OF ALL AGES, SIZES, AND ABILITIES THE OPPORTUNITY TO HAVE FUN AND LEARN A LIFELONG SPORT.

BOWLING PROMOTES
FAMILY BONDING



THE BOWLING INDUSTRY PROVIDES MORE THAN

\$6 MILLION

IN SCHOLARSHIPS EACH YEAR

20+ MILLION AMERICANS AGE 17 AND UNDER BOWL EACH YEAR



ACCORDING TO EXPERIAN SIMMONS 2012



47 STATES IN THE U.S. HAVE ESTABLISHED HIGH SCHOOL BOWLING PROGRAMS